



## COASTAL HOME HEALTH & HOSPICE

# Home Health Reference Guide

## HELPING YOU DETERMINE ELIGIBILITY

### WHAT IS HOME HEALTH?

Home Health care allows your patients to maintain quality of life and receive personalized health care in the comfort of their home. In addition to being a cost effective option, Home Health promotes quicker recovery time and improves the quality of life for both the patient and their family

### Home Health Services

#### Skilled Nursing

- Skilled observation and assesment of newly diagnosed condition or the exacerbation of an existing condition
- Medication management/education for a new or changed drug
- Open Wound care/dressing
- Wound care/dressing changes for all types of wounds
- Bowel/bladder training
- Diabetic self-management training
- Foley insertion
- TEaching care of in-dwelling Foley catheter
- Administer B12
- Administer other IM/Subq.
- Teach ostomy or ileal conduit care
- Teach nasogastric feeding
- Reinsertion of nasogastric feeding tube
- Teach gastronomy feedings
- Teach parenteral nutrition
- Teach tracheotomy care
- Instruct in administration of medications, including inhalants and oxygen therapy
- Teach administration of injection
- Disimpaction/FU enema
- Management and evaluation of patient care plan

#### Medical supplies and equipment

We can assist in arranging for supplies and equipment required to meet your patients medical needs

#### Physical therapy

- Evaluation
- Therapeutic exercise
- Gait training
- Transfer training
- Ultrasound and other modalities
- Home exercise program
- Prosthetic training

#### Speech-language pathology

- Evaluation
- Voice disorder treatment
- Speech articulation disorder
- Dysphagia treatment
- Language disorder treatment
- Aural rehabilitation
- Cognition assessment and interventions

#### Occupational Therapy

- Evaluation
- ADL training
- Muscle re-education
- Perceptual motor training
- Fine motor coordination
- Neuro-development treatment
- Sensory treatment
- Orthotics/Splinting
- Adaptive equipment

#### Home Health Aide

- Bathing and dressing
- Personal care
- Transfer/ambulation
- Light meal preparation
- Support nutritional needs
- Laundry
- Light housekeeping

#### Medical Social Services

- Assessment of social and emotional factors
- Community resource planning
- Short-term therapy
- Short-term counseling for long-range planning and decision making

### Medicare

Medicare pays 100% for Home Health services when all conditions are met:

- Medicare eligible
- Homebound
- Muscle reeducatoin
- Plan of Care (485)
- Doctors Orders
- Documentation of all services
- Reasonable and necessary
- Intermittent and part-time

### Is Home Care appropriate?

Ask yourself the following questions when determining whether home health care can benefit your patient. Affirmative answers to any of these may indicate home care is appropriate. Remember to receive home health services a patient must be home-bound.

- Has the patient recently been diagnosed with a chronic illness that requires careful management and education?
- Has the patient experienced an acute health crisis, such as an unexpected illness, injury, surgery or diagnosis requiring very recent hospitalization?
- Does the patients illness, injury or diagnosis require treatment or monitoring after discharge from the hospital?
- Had the patient experienced a decline in functional status after a hospitalization?
- Is the patient's poorly managed chronic illness resulting in repeat hospitalizations or visits to the emergency room?
- Does the patient still need therapy as he/she is discharged from a rehabilitation facility?

## Home-bound Criteria

### Does your patient meet Medicare's homebound criteria?

The following questions can help you determine whether your patient meets Medicare's eligibility requirements for home care.

- Because of illness or injury, does the patient require assistance when leaving home or have a condition in which leaving home is medically contraindicated? IF YES, the patient may be eligible for referral. Continue to next question. IF NO, the patient is not eligible for referral.
- Does the patient have a normal inability to leave home? IF YES, the patient may be eligible for referral. Continue to next question. IF NO, the patient is not eligible for referral.
- Does the patient require considerable and taxing effort when leaving home? IF YES, the patient may be eligible for referral. Continue to next question. IF NO, the patient is not eligible for referral.

- Does the patient have a need for skilled nursing?

Skilled nursing services may be needed due to one or more of the following:

- Hospitalization
- Recent, new or exacerbated diagnosis
- Change in Medication in the last 60 days
- New medication in the last 30 days
- Change in primary caregiver providing care with a knowledge deficiency
- Skilled nursing care related to a treatment of an illness or injury that must be performed by a nurse, such as medication administration (other than oral), wound care, urinary catheter care, IV therapy, parenteral/enteral nutritional support, or diabetic care.

IF YES, the patient is eligible for home care. Make a referral for nursing services.

IF NO: Does the patient require physical, occupational or speech therapy considering the following:

- Recent marked decline in functional stats (e.g., speech, abulation, strength, endurance)
- Recent falls, fracture, stroke
- Need for home maintenance program to maintain current level of function

IF YES, the patient is eligible for home care. Make a referral for therapy services. IF NO, the patient is not eligible for referral.

## FOR REFERRALS OR QUESTIONS:

Coastal Home Health & Hospice

Toll Free: 800-535-9472

Phone: 541-469-0405

WWW.COASTALHHH.ORG